



The Nature and Influence of the Chakras

With Roman Oleh Yaworsky

**Saturday in October 23, 2010
9 a.m. to 6:30 p.m.**

**Abundance Wellness Center
325 John Knox Road, Building T, Suite 1
Tallahassee, FL 32303**

***The Nature and Influence of the Chakras* addresses our stance in the world from the perspective of our energy and reveals the effect the chakras have on the way we feel on the physical, emotional, mental and spiritual levels.**

This is a unique opportunity to learn about the chakra system as it is presented with emphasis to practical application in your life. It removes much of the confusion and bias that is encountered in today's literature, and makes the chakras more assessable, hands on, personal and experiential. Using illustrations especially created for this class, the relationships of the chakras to the body and its dynamics will be explored.

For those seeking deeper knowledge and are on the spiritual path, this workshop will help bridge the practical application of the chakra system into your everyday life. It will introduce you to the way your body, energetic fields and the chakra system holds and stores your emotions and past impressions and how this influences your body, the choices you make, and even your destiny.

For those in the healing professions, the knowledge and insights will help you become more aware of your own dynamics. The practical instructions will show you the ways to clear the residue of past impressions and guide you in moving forward in your choices. This workshop is a great foundation to aid you in your own healing, and to apply that knowledge to support your clients in theirs.

Become more aware of the energetic interactions with others and ways to protect and maintain your energy and state.

Cost: \$125

\$95 if completed or signed up for *Dying Consciously* course, and register by October 1st with \$50 deposit.

To register, contact Susana Sorí
786-223-0900 or susana@spiritunleashed.com

This workshop will cover:

- What the chakras are
- Where they are located
- The detailed relationships with the parts of the body
- How to feel and sense the chakras
- Using your own chakras as tools for knowing
- The interaction of your hands with the chakras
- The effects of interacting with another person's field
- Protecting yourself while working with a client's field
- The anatomical, physiological and subtle basis of the chakras
- The interaction of the chakras to each other
- A detailed overview of the main 7 chakras
- The lesser chakras and their role in healing
- Energetic interactions between yourself and others
- How the chakras store our impressions
- How the stored impressions are released
- Strengthening the chakras



Roman Oleh Yaworsky is a published author and co-owner of Spirit Unleashed™

His latest book, *Being Centered* is an original and pioneering work that defines how we lose our connection to our core and heart, and gives the practical means of regaining our power

and great joy. Roman has worked extensively as a spiritual consultant, meditation teacher, energy medicine practitioner and educator.